

WAMS Band: Distance Learning

During the next week of social-distancing, practice is a great way to prevent boredom AND get better!

Here is a weekly routine – 6 days, 30 minutes each (you can pick which day you take off). This is just a minimum; you are welcome to practice as much as you want!

<u>Day 1</u> 5 minutes: fundamentals 5 minutes: scales with flats 15 minutes: music 5 minutes: play something you love	<u>Day 2</u> 5 minutes: fundamentals 5 minutes: scales with sharps 15 minutes: music 5 minutes: play something you love	<u>Day 3</u> 5 minutes: fundamentals 10 minutes: all scales 10 minutes: music 5 minutes: play something you love
<u>Day 4</u> 5 minutes: fundamentals 5 minutes: scales with flats 15 minutes: music 5 minutes: play something you love	<u>Day 5</u> 5 minutes: fundamentals 5 minutes: scales with sharps 15 minutes: music 5 minutes: play something you love	<u>Day 6</u> 5 minutes: fundamentals 10 minutes: all scales 10 minutes: music 5 minutes: play something you love

Examples of fundamentals: anything in your “fundamentals” tab of your band binder (or things that we do at the very beginning of our class routine) such as long tones, flow studies, lip slurs/register slurs/octave slurs, articulation, etc.

Beginner Band: scales=Masters of the Musical Alphabet

Examples of music: anything in your “music” tab of your band binder such as your beginner book, UIL music, solo, etc.

Keep track of what you practiced on a sheet of paper to turn in when we return to school OR email it to:

jmolander@galenaparkisd.com and jogutierrez@galenaparkisd.com

Musical ways to cure boredom during social-distancing:

- Sight-read something new (in your book or online – musescore, youtube, or google image search are ways to find new things to read)
- Youtube people playing your instrument
- Video call your friends and play music with them
- Try writing your own music (www.blanksheetmusic.net has free printable staff paper or noteflight lets you try some things for free)
- Listen to your favorite genre of music or favorite artist
- Listen to something new (something that you wouldn't think to try – this is how we find new things we like!)
- Perform for people in your home
- Perform for people not in your home through the phone or video calling
- Record yourself playing and listen to it – What was good? What can you do to improve next time?
- Record yourself playing and send it to a band director for feedback (jmolander@galenaparkisd.com OR jogutierrez@galenaparkisd.com)
- Research and read about your instrument
- Research and read about composers whose music we have played
- Play your instrument just for the love of music